

WEEK OF OCTOBER 26TH

EASY MEAL PLAN

MON

Pressure Cooker Kung Pao Chickpeas

Our favorite vegetarian weeknight meal! It's on the table in under 15 minutes and bursting with flavor and spice!

TUE

PC Chicken & Rice Burrito Bowls

We're making weekly lunch meal prep easy again with these ultra simple Pressure Cooker Chicken and Rice Burrito Bowls!

WED

Mini Italian Meatball Subs

Tender, melt-in-your-mouth meatballs stuffed into mini subs. Makes for easy serving, sharing and portion control!

THU

15 Minute Egg Roll in a Bowl

Ground pork and veggies and... kind of whatever else you want... in a bowl. Like an egg roll, but without the wrapper.

FRI

Creamy Cajun Shrimp Pasta

Tender shrimp, colorful veggies, and the most delicious zesty alfredo sauce.

SAT

PC Chicken Gnocchi Soup

Creamy, cozy, and cooked in the Instant Pot. The whole family will love it AND it makes great leftovers!

