

WEEK OF DECEMBER 7

EASY MEAL PLAN

MON

PC Vegetarian Red Beans & Rice

Throw everything into your pressure cooker and it comes out piping hot 90 minutes later!

TUE

Best Easy Fish Tacos

Avocado, garlic lime slaw, and yummy, buttery, spicy, seriously-easy-to-make fish. YUM!

WED

Homemade Healthy Hamburger Helper

An easy meal for busy weeknights! A remake of the boxed version that is naturally gluten free and protein packed!

THU

Coconut Milk Chicken

A dairy-free and gluten-free marinated chicken recipe to make in an Instant Pot, oven, or on the stove top.

FRI

Holiday Pizza Wreath

A sausage and pepperoni pizza morphs into a festive wreath for the holiday season.

SAT

Pressure Cooker White Chicken Chili

Made from frozen chicken breasts, hearty white beans, and creamy cheesy goodness, this recipe is the best!

